**Supplementary material**

**Psychotherapy for adult depression in low- and middle-income countries: an updated systematic review and meta-analysis**

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# R scripts

## Load metapsyTools & dplyr

library(metapsyTools)

library(dplyr)

## Import dataset

library(readxl)

dat <- read\_excel("Desktop/Revision\_RP1/dataset/data.xlsx",

sheet = "all\_R")

## Check data format

dat <- checkDataFormat(dat)

dat <- checkConflicts(dat)

--------------### WHEN THE EFFECT SIZES ARE AVAILABLE ###----------------------

-----##### OVERALL EFFECTSIN NON-WESTERN TRIALS #####----------------------------

## Select the trials confucted in non-Western countries

dat\_nw <- filterPoolingData(dat,

western == "non-western")

## Overall effects

res\_nw <- runMetaAnalysis(dat\_nw,,

which.outliers = "combined")

res\_nw

## Forest plot

plot(res\_nw, "combined",

col.predict = "lightgreen",

col.square = "gray",

fontfamily = "Palatino")

# Funnel plot

library(meta)

funnel(res\_nw$model.combined,

studlab = TRUE,

contour = c(0.9, 0.95, 0.99),

col.contour = c("darkgreen", "green", "lightgreen"))

## Egegr's test

library(dmetar)

eggers.test(res\_nw$model.combined)

## Publication bias

correctPublicationBias(res\_nw,

which.run = "combined")

## Subgroup analysis

## Characteristics of trials

sg\_nw\_study <- subgroupAnalysis(res\_nw,

.which.run = "combined",

geo\_region, world\_bank,

income\_level, rob\_cate, condition\_arm2)

sg\_nw\_study

## Characteristics of participants

sg\_nw\_part <- subgroupAnalysis(res\_nw,

.which.run = "combined",

age\_group, recruitment, diagnosis,

comorbid\_mental, target\_group)

sg\_nw\_part

## Characteristics of interventions

sg\_nw\_therapy <- subgroupAnalysis(res\_nw,

.which.run = "combined",

cultural\_adap, condition\_arm1, format)

sg\_nw\_therapy

## Univariate meta-regression analyses

metaRegression(res\_nw$model.combined,

~ scale(as.numeric(rob))) ##risk of bias

metaRegression(res\_nw$model.combined,

~ scale(year)) ## year of publication

metaRegression(res\_nw$model.combined,

~ scale(as.numeric(n\_sessions\_arm1))) ## number of therapy sessions

metaRegression(res\_nw$model.combined,

~ scale(mean\_age)) ## mean age

metaRegression(res\_nw$model.combined,

~ scale(percent\_women)) ## percentage of women

-------------#### COMPARE EFFCTS in WESTERN AND NON-WESTERN TRIALS #####------------------

### subgroup analyses

res\_all <- runMetaAnalysis(dat,

which.run = "combined")

sg\_all <- subgroupAnalysis(res\_all,

.which.run = "combined",

western, geo\_region, world\_bank,

income\_level)

sg\_all

## Seperate subgroup analyses in high-income countries

dat\_high <- filterPoolingData(dat,

income\_level == "High")

res\_high <- runMetaAnalysis(dat\_high,

which.run = "combined")

sg\_high <- subgroupAnalysis(res\_high,

.which.run = "combined",

western)

sg\_high

-------------#### #### MULTIVAITE META-REGRESSION #######-------------------------

## MODEL 1: western vs. no\_western countries

model\_1 <- metaRegression(res\_all$model.combined,

~ western + condition\_arm2 + rob + percent\_women

+ age\_group + mean\_age + recruitment + diagnosis + target\_group

+ condition\_arm1 + format + scale(as.numeric(n\_sessions\_arm1)))

model\_1

##MODEL 2: regions of country (World Bank)

model\_2 <- metaRegression(res\_all$model.combined,

~ world\_bank + condition\_arm2 + rob + percent\_women

+ age\_group + mean\_age + recruitment + diagnosis + target\_group

+ condition\_arm1 + format + scale(as.numeric(n\_sessions\_arm1)))

model\_2

## MODEL 3: income levels

model\_3 <- metaRegression(res\_all$model.combined,

~ income\_level + condition\_arm2 + rob + percent\_women

+ age\_group + mean\_age + recruitment + diagnosis + target\_group

+ condition\_arm1 + format + scale(as.numeric(n\_sessions\_arm1)))

model\_3

## Parsimonious meta-regression analysis

## MODEL 1, not exclude extreme outliers

#remove target group

model\_1.1 <- metaRegression(res\_all$model.combined,

~ western + condition\_arm2 + rob + percent\_women

+ age\_group + mean\_age + recruitment + diagnosis

+ condition\_arm1 + format + scale(as.numeric(n\_sessions\_arm1)))

model\_1.1

#remove treatment format

model\_1.2 <- metaRegression(res\_all$model.combined,

~ western + condition\_arm2 + rob + percent\_women

+ age\_group + mean\_age + recruitment + diagnosis

+ condition\_arm1 + scale(as.numeric(n\_sessions\_arm1)))

model\_1.2

#remove age group

model\_1.3 <- metaRegression(res\_all$model.combined,

~ western + condition\_arm2 + rob + percent\_women

+ mean\_age + recruitment + diagnosis

+ condition\_arm1 + scale(as.numeric(n\_sessions\_arm1)))

model\_1.3

#remove control group

model\_1.4 <- metaRegression(res\_all$model.combined,

~ western + rob + percent\_women

+ mean\_age + recruitment + diagnosis

+ condition\_arm1 + scale(as.numeric(n\_sessions\_arm1)))

model\_1.4

#remove proportion of women

model\_1.5 <- metaRegression(res\_all$model.combined,

~ western + rob

+ mean\_age + recruitment + diagnosis

+ condition\_arm1 + scale(as.numeric(n\_sessions\_arm1)))

model\_1.5

#remove mean age

model\_1.6 <- metaRegression(res\_all$model.combined,

~ western + rob

+ recruitment + diagnosis

+ condition\_arm1 + scale(as.numeric(n\_sessions\_arm1)))

model\_1.6

#remove diagnosis methods

model\_1.7 <- metaRegression(res\_all$model.combined,

~ western + rob

+ recruitment

+ condition\_arm1 + scale(as.numeric(n\_sessions\_arm1)))

model\_1.7

#remove recruitment methods

model\_1.8 <- metaRegression(res\_all$model.combined,

~ western + rob

+ condition\_arm1 + scale(as.numeric(n\_sessions\_arm1)))

model\_1.8

#remove number of sessions

model\_1.9 <- metaRegression(res\_all$model.combined,

~ western + rob

+ condition\_arm1)

model\_1.9

----------#### CREATE STUDY CHRACTERISTICS TABLE ###----------------------------------

## Import dataset

library(readxl)

dat\_table <- read\_excel("Desktop/data.xlsx",

sheet = "all")

## Select the non-Western trails

dat\_table <- filterPoolingData(dat\_table,

western == "non-western")

## for the risk of bias

## Create Study Table

createStudyTable(dat\_table,

study,

condition\_arm1 = c("CBT" = "cbt", "PST" = "pst", "LRT" = "lrt",

"OTH PSY" = "other psy", "3RD" = "3rd", "BAT" = "bat",

"DYN" = "dyn", "IPT" = "ipt", "SUP" = "sup"),

condition\_arm2 = c("CAU" = "cau", "WL" = "wl", "OTH CTR" = "other ctr") ,

n\_arm1,

n\_arm2,

format = c("GSH" = "gsh", "IND" = "ind",

"GRP" = "grp", "Other" = "Other",

"CPL" = "cpl", "TEL" = "tel"),

cultural\_adap = c("Y" = "1", "N" = "0"),

n\_sessions\_arm1，

sg = c("+" = "1", "-" = "0"),

ac = c("+" = "1", "-" = "0"),

ba = c("+" = "1", "-" = "0", "sr" = "sr"),

itt = c("+" = "1", "-" = "0"),

rob = c("High" = "1", "High" = "0",

"Low" = "4", "Unclear" = "2",

"Unclear" = "3"),

region,

income\_level,

# .column.names allows to rename columns

.column.names = list(study = "Study",

condition\_arm1 = "Interventions",

condition\_arm2 = "Controls",

n\_arm1 = "N PSY",

n\_arm2 = "N CTR",

format = "Format",

cultural\_adap = "Adapted",

n\_sessions\_arm1 = "N Session",

sg = "SG",

ac = "AC",

ba = "BA",

itt = "ITT",

rob\_cate = "RoB",

region = "Country",

income\_level = "Income"))

------------ #### SENSITIVITY ANALYSIS OF EXTREME OUTLIERS #### --------------------------------

## Depression outcomes after excluding extreme outliers (g>2)

## First, exclude studies with a g>2

dat\_nw\_extreme <- dplyr::filter(dat\_nw,!study %in% c("Chiang, 2015",

"Dong, 2019",

"Eseadi, 2018",

"Fereydouni, 2022",

"Ghorbani, 2021",

"Husain, 2021b",

"Khoshbooii, 2021",

"Mukhtar, 2011",

"Nakimuli-Mpungu, 2020",

"Onyechi, 2016",

"Qiu, 2013",

"Zemestani, 2020a"))

View(dat\_nw\_extreme) # check the dataset to see if it is sucessful

# Meta-analysis excludig extreme outliers---------------------------------------

res\_nw\_extreme <- runMetaAnalysis(dat\_nw\_extreme,

which.run = "combined")

res\_nw\_extreme

## Subgroup analysis------------------------------------------------------------

## Characteristics of trials

sg\_nw\_extreme\_study <- subgroupAnalysis(res\_nw\_extreme,

.which.run = "combined",

geo\_region, world\_bank,

income\_level, rob\_cate, condition\_arm2)

sg\_nw\_extreme\_study

## Characteristics of participants

sg\_nw\_extreme\_part <- subgroupAnalysis(res\_nw\_extreme,

.which.run = "combined",

age\_group, recruitment, diagnosis,

comorbid\_mental, target\_group)

sg\_nw\_extreme\_part

## Characteristics of interventions

sg\_nw\_extreme\_therapy <- subgroupAnalysis(res\_nw\_extreme,

.which.run = "combined",

cultural\_adap, condition\_arm1, format)

sg\_nw\_extreme\_therapy

res\_all <- runMetaAnalysis(dat,

which.run = "combined")

## Subgroup analysis in western and non-western trialls

## Exclude extreme outliers (g>2) in Western and Western countries

dat\_all\_extreme <- dplyr::filter(dat,!study %in% c("Chiang, 2015",

"Dong, 2019",

"Eseadi, 2018",

"Fereydouni, 2022",

"Ghorbani, 2021",

"Husain, 2021b",

"Khoshbooii, 2021",

"Mukhtar, 2011",

"Nakimuli-Mpungu, 2020",

"Onyechi, 2016",

"Qiu, 2013",

"Zemestani, 2020a",

#### above are the 12 studies in non-west

#### below are the 10 studies in west

"Alfonso, 2009",

"Ayen, 2004",

"Embling, 2002",

"Gellis, 2008",

"Hagen, 2017",

"O'Mahen, 2013",

"Sadler, 2018",

"Titov, 2015",

"Vazquez, 2017",

"Watt, 2000"))

## Subgroup analysis in western and non-western countries

res\_all\_extreme <- runMetaAnalysis(dat\_all\_extreme,

which.run = "combined")

res\_all\_extreme

sg\_all\_extreme <- subgroupAnalysis(res\_all\_extreme,

.which.run = "combined",

western, geo\_region, world\_bank,

income\_level)

sg\_all\_extreme

## Seperate subgroup analysis in high-income countries

dat\_high\_extreme <- filterPoolingData(dat\_all\_extreme,

income\_level == "High")

res\_high\_extreme <- runMetaAnalysis(dat\_high\_extreme,

which.run = "combined")

sg\_high\_extreme <- subgroupAnalysis(res\_high\_extreme,

.which.run = "combined",

western)

sg\_high\_extreme

## multivariate meta-regression

## MODEL 1: western vs. no\_western countries

model\_1\_extreme <- metaRegression(res\_all\_extreme$model.combined,

~ western + condition\_arm2 + rob + percent\_women

+ age\_group + mean\_age + recruitment + diagnosis + target\_group

+ condition\_arm1 + format + scale(as.numeric(n\_sessions\_arm1)))

model\_1\_extreme

##MODEL 2: regions of country (World Bank)

model\_2\_extreme <- metaRegression(res\_all\_extreme$model.combined,

~ world\_bank + condition\_arm2 + rob + percent\_women

+ age\_group + mean\_age + recruitment + diagnosis + target\_group

+ condition\_arm1 + format + scale(as.numeric(n\_sessions\_arm1)))

model\_2\_extreme

## MODEL 3: income levels

model\_3\_extreme <- metaRegression(res\_all\_extreme$model.combined,

~ income\_level + condition\_arm2 + rob + percent\_women

+ age\_group + mean\_age + recruitment + diagnosis + target\_group

+ condition\_arm1 + format + scale(as.numeric(n\_sessions\_arm1)))

model\_3\_extreme

----------------------#### RISK OF BIAS PLOT####----------------------------------------

install.packages("devtools")

library(devtools)

install\_github("mcguinlu/robvis")

library(robvis)

library(readxl)

dat\_nw <- read\_excel("Desktop/data.xlsx",

sheet = "rob\_nw")

## trafficlight in non-western trials

rob\_nw <- rob\_traffic\_light(data = dat\_nw,

tool = "ROB1")

rob\_nw

## trafficlight in western trials

library(readxl)

dat\_w <- read\_excel("Desktop/data.xlsx",

sheet = "rob\_w")

rob\_w <- rob\_traffic\_light(data = dat\_nw,

tool = "ROB1")

rob\_w

# Full reference of included studies (n = 405)

|  |
| --- |
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